

Small Measures, llc

Directions: Please check any items from the list below which you may have any concerns or questions with:

3-11 Years

Constitutional/General

- Fever
- Excessive sweating
- Sleep problems

Eyes

- Trouble seeing
- Eyes crossing
- Red eyes
- Squinting
- Excessive blinking

Ear-Nose-Throat

- Hearing problems
- Ear pain
- Large tonsils
- Frequent throat infections
- Bad snoring
- Gasping during sleep
- Nose bleeds
- Dental problems
- Frequent ear infections

Respiratory

- Shortness of breath with exercise
- Wheezing
- Night cough for over 2 weeks
- Difficulty breathing

Cardiovascular

- Chest pain
- Fainting
- Exercise/endurance

Gastro-Intestinal

- Vomiting
- Diarrhea
- Constipation
- Stomach pain
- Appetite

Genitals-Urinary

- Good urine stream
- Frequent urination
- Pain with urination
- Circumcision
- Care of penis
- Vaginal irritation
- Bedwetting
- Daytime wetting

Skin

- Birthmarks
- Warts
- Skin rash
- Itching

Musculoskeletal

- Back pain
- Balance
- Coordination
- Development
- Weakness
- Spacing out

Development

- Behavior
- Ability to learn
- Activity level
- Mood
- School performance

Lymph/ hem

- Swollen glands
- Easy bruising
- Bleeding
- Pale color

Allergy

- Sneezing
- Itchy eyes or nose
- Frequent nasal stuffiness
- Hives

Endocrine

- Weight gain
- Weight loss
- Excessive thirst or
- Excessive hunger
- Growth
- Frequent nighttime urination
- Frequent daytime urination